

Dr. D Ivan Young, MCC

Dr. D. Ivan Young, MCC, is a leading expert on human behavior and relationships and a highly regarded expert in the field of behavorial neuroscience. For more than two decades, Dr. Young has been dedicated to helping people create transformative, lasting change for themselves and their organizations.

He is a three-time TEDx speaker with over 4 million views on the TEDx YouTube channel. His credentials include being an ICF Master Certified Coach, a National Board Certified Health and Wellness Coach, a member of the renowned Forbes Coaches Council, and a Certified Professional Diversity Coach.

Dr. Young is the commensurate go-to for resolving complicated life issues using interdisciplinary and holistic methods derived from Positive and Developmental Psychology, the Myers Briggs Type Indicator, Dialectical and Cognitive Behavioral Therapy, and Evidence and Research-Based coaching methods. Confidence, capacity, and competence best describe his unique ability to effectively coach a wide range of complex perspectives and personalities individually and within organizations.

Dr. Young conducts Coaching Master Classes and lectures globally to top-tier universities, professional groups and prominent International Coach Federation Chapters.

Dr. Young is also a Master Neuro-Linguistic Practitioner and a Master MBTI Practitioner with a Ph.D. in Holistic Life Coaching. Dr. Young was the first Co-Chair of the Council on Race, Equity & Inclusion at the Institute of Coaching McLean and continues as a Distinguished Fellow at the renowned Institute of Coaching McLean, a Harvard Medical School affiliate.

Dr. Young specializes in coaching Ultra High Net Worth Individuals, Professional Athletes, Elected Officials, Public Figures, and Leading Licensed Health Care and Legal Professionals. He is recognized as one of the top African American Life Coaches in the United States and globally.